



*Pat's Pastured provides the highest quality pasture-raised and grass-fed meats. Our goal is to provide our livestock with a life that allows them to express their natural instincts fully in a pasture environment. That means that pigs get to root, run and play; chickens get to peck, scratch and crow; turkeys goggle and strut; cows eat grass outside, NOT corn in confinement.*

This summer season we are offering **two share options**. The composition will depend on what is seasonally available...*that's the beauty of eating locally and in season.*

## **Poultry Share**

Every **MONTH** (May – October) your share will include 4 whole chickens (approximate 13-15 pounds).

**The Cost:** For a 6 month subscription the share cost is **\$345**.  
(For the 2010 Season there is a limit of 50 shares available)

## **Meat Share**

Every **MONTH** (May – October), your share will include 12-15 pounds of meat. The meat will always be from at least two species, but we will do our best to include some meat from all species available (pork, chicken, beef, lamb). We will make every effort to include a mixture of species and a mixture of premium to economical cuts.

*Sample share :* A monthly share *may* include 4 lbs chicken, 1 lb ground beef, 1 lb ground pork, 2 lbs pork chops, and 2 lbs of bacon.

**The Cost:** For a 6 month subscription the share cost is **\$595**.  
(For the 2010 Season there is a limit of 50 shares available)

# PAT'S PASTURED SUMMER MEAT CSA SIGN UP FORM

*Before signing up for the Meat CSA please read the Frequently Asked Questions section.*

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_

**SHARE OPTIONS** Please check off which share(s) you would like to purchase.

**Poultry Share - \$375** (Picked up Monthly)

**Meat Share - \$625** (Picked up Monthly)

## PICK UP LOCATION

**Wishing Stone Farm**

**PLEASE ENCLOSE A CHECK FOR THE ENTIRE AMOUNT OF THE SHARE IN  
ORDER TO RESERVE YOUR SPACE.**

Check should be made out to Pat's Pastured and mailed to:

**PO Box 807  
Saunderstown, RI 02874**

*Confirmation of share membership will be sent via e-mail. Thank you for supporting our farm!*

# PAT'S PASTURED MEAT CSA

## FREQUENTLY ASKED QUESTIONS

**What is a CSA?** CSA stands for Community Supported Agriculture. It is a way for the food-buying public to enter into a relationship with a farm and to receive a share of the harvest. By making a financial commitment to a farm people become "members" (or "shareholders"), of the CSA. This effort represents a formal mechanism for more affordably supplying meats that are raised locally, ethically, sustainably, and humanely.

**What does it mean to be a member?** As a member, you will:

- be committed to a monthly package;
- receive priority ranking for special products such as Thanksgiving turkeys
- earn right of first refusal on membership renewal for each season;
- receive priority registration on scheduled farm events; and,
- most importantly, be assured of continuous availability of product for your family instead of taking the risk that we may not have availability throughout the year.

**Can I specify which cuts I get?** No, we're sorry. We make every effort to distribute the cuts randomly and fairly, this is logistically challenging enough so that we can't accommodate special requests. You are welcome to order on an á la carte basis based on availability on a pre-order basis or through farmers' market sales.

**Can I skip the pork/chicken and get double beef instead, etc?** No. (See above.)

**Am I going to get stuck with chicken feet or a beef tongue?** No, but those items may be available "a la carte". We do not include offal or organ meats in the general shares.

**What's in a meat share package?** Each month's share will usually be a mixture of whole chicken, a mix of grilling and braising pork, beef, and lamb. The composition will be different depending on what is seasonally available...*that's the beauty of eating locally and in season.*

**We don't eat a lot of meat. Can I buy a half share?** No, we're sorry. We are not able to split shares. However you are welcome to find a share partner and divide it yourself.

**How does the meat come packaged?** It is package in a cryovac packaging. This packaging preserves the meats quality and allows it to be stored in a freezer for several months. All meat is frozen per requirements of the RI Health Department.

**Cancellations and refunds** - If you are unhappy with our CSA or unable to receive it for any reason - you may be able obtain a refund by finding someone to replace you / take over your CSA. We are unable to give refunds directly.

**What about....?** If your question is not answered here, please contact Erin Goodman at [patspasturednews@gmail.com](mailto:patspasturednews@gmail.com).

**OK, I'm interested. How can I sign up?**

GREAT!! Fill out a registration form and send the payment. **Full payment is due with the registration.**